

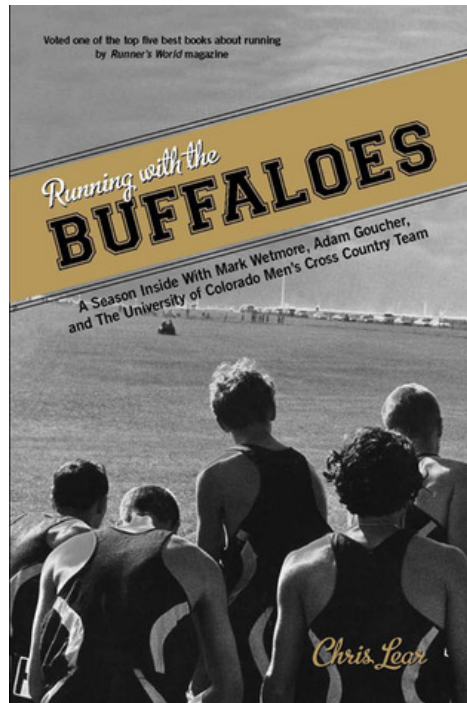
Voted one of the top five best books about running
by *Runner's World* magazine

Running with the **BUFFALOES**

A Season Inside With Mark Wetmore, Adam Goucher,
and The University of Colorado Men's Cross Country Team

Chris Lear

* Running with the Buffaloes: A Season Inside with Mark Wetmore, Adam Goucher, and the University of Colorado Men's Cross Country Team *



Books Details

Author : Chris Lear Pages : 261 pages Publisher : Lyons Press Language : en-US
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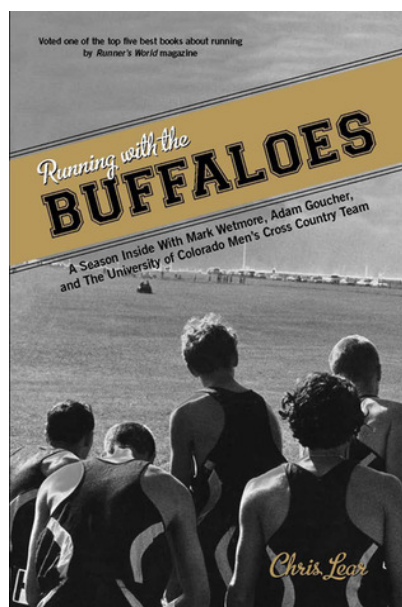
Books Descriptions

Top five Best Books About Running, Runner's World Magazine Top three Best Books About Running, readers of Runner's World Magazine (December 2009) In **RUNNING WITH THE BUFFALOES**, writer Chris Lear follows the University of Colorado cross-country team through an unforgettable NCAA season. Allowed unparalleled access to team practices, private moments, and the mind of Mark Wetmore--one of the country's most renowned and controversial coaches--Lear

provides a riveting look inside the triumphs and heartaches of a perennial national contender and the men who will stop at nothing to achieve excellence. The Buffaloes' 1998 season held great promise, with Olympic hopeful Adam Goucher poised for his first-ever NCAA cross-country title, and the University of Colorado shooting for its first-ever national team title. But in the rigorous world of top-level collegiate sports, blind misfortune can sabotage the dreams of individuals and teams alike. In a season plagued by injury and the tragic loss of



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